



EST. 1525

Sedbergh

INTERNATIONAL
SUMMER SCHOOL

HELLO THERE!

After a hugely successful programme in 2025, we are delighted to share with you our exciting courses for summer 2026.

In 2025, we welcomed over 300 children aged from 8 to 17 to Sedbergh to take part in a huge range of inspiring courses with international children from around the world. Children experienced one of the most genuine British Boarding Schools in the UK which has celebrated its 500th anniversary.

Children were taken on a journey of discovery, developing their English, learning about British culture through excursions and activities and most

importantly making lifelong friendships with children from all over the world. In 2025, there was over 25 different nationalities represented.

Due to worldwide demand we are delighted to launch our new 6 week programme starting on **Saturday 27th June** through to **Saturday 8th August 2025**. With a minimum 2 week stay and different arrival dates, your child will make memories to last a lifetime...

My favourite thing about Sedbergh was doing activities I hadn't done before, like fly fishing and sailing.

Felix | Germany



WELCOME FROM THE DIRECTOR

As always, I'm thrilled to welcome you to another unforgettable summer of learning, friendship and adventure in the stunning surroundings of Sedbergh.

In 2025, students from all over the world joined us for a variety of courses, from the exciting Outdoor Adventure programme to our engaging LIRA course — and it was fantastic to see everyone test themselves, discover new skills and even teach our staff a few new things along the way!

For summer 2026, we're thrilled to introduce some exciting additions. The London Trip will now run twice during the summer, giving more of you the chance to explore one of the most vibrant cities in the world. We're also launching our brand-new Elite Sports Course, where you'll train alongside British students and develop your skills through professional coaching, teamwork and friendly competition.

Whether this is your first time joining us or you're returning for another year, we can't wait for you to be part of our community, to learn, laugh and make memories that will last a lifetime. See you this summer at Sedbergh!

Gemma Newton
Summer School Course Director

“ Seeing so many children return to Sedbergh year after year is the best sign of the wonderful work our team is doing. ”



A large group of students, mostly teenagers, are walking along a dirt path in a lush, green forest. In the foreground, a young man with blonde hair, wearing a white t-shirt with a colorful abstract pattern and khaki shorts, is looking off to the side. Behind him, a young woman with long dark hair, wearing a grey hoodie, is walking. To her right, another young woman with long brown hair, wearing a light blue hoodie, is also walking. The path is surrounded by tall trees and dense foliage, creating a serene and natural atmosphere. The text "Your journey begins at Sedbergh International Summer School" is overlaid on the right side of the image, enclosed in a white rectangular border.

Your journey
begins at
Sedbergh
International
Summer
School

THE SEDBERGH PHILOSOPHY

HARK & THREAD OF GOLD

Enabling children to develop positive attitudes and behaviour is vitally important to us. HARK and Sedbergh's Thread of GOLD form the backbone to the Sedbergh International Summer School programme.

Humility – Humility is characterised by having a modest and unpretentious view of yourself – including an awareness of your limitations and imperfections and a willingness to learn from others;

Ambition – We dare greatly in pursuit of excellence. Dreaming big, shattering limits, and being creative is in our DNA; our pupils are intrepid explorers charting their own journey through their education;

Resilience – Life's unpredictable currents may sometimes steer us into rough waters, but at Sedbergh, we show how to navigate a way through, and emerge stronger, wiser from every setback. We instil the belief that mental resilience isn't just about getting back on track; it's about adaptation and agility, and finding new depths of talent;

Kindness – We don't just talk about kindness, we live and breathe it – whether on the playing field, or in the classroom. We are one school, one pack, one family. We protect, we are fair, and above all, we deeply care about each other.

We aim to create a unique environment for the development of our young people and believe that children best develop skills and attitudes when they are inspired. With fun and enjoyment at the very heart of delivery, pupils are supported throughout their stay as they develop the behaviours inspired by **GOLD** - Growth, Originality, Leadership and Determination.



“My first experience in the UK was very good and I can't wait to come back next year with my sister.”

Federico | Argentina



YOUR JOURNEY BEGINS HERE

SATURDAY 27TH JUNE - SATURDAY 8TH AUGUST
JUNIORS (8 to 11) | SENIORS (12-17)

Located between the UNESCO World Heritage Site of the Lake District National Park and the Yorkshire Dales National Park, Sedbergh International Summer School provides pupils with the perfect opportunity to fully immerse themselves in an English and activitiesbased programme with other young people from across the world.

		Sedbergh Campus						
	Week 1a 27 June – 30 June	Week 1b 30 June – 04 July	Week 2 04 July – 11 July	Week 3 11 July – 18 July	Week 4 18 July – 25 July	Week 4b 25 July – 28 July	Week 5 25 July – 01 August	Week 6 01 August – 08 August
London Experience	Junior & Senior Pupils					Junior & Senior Pupils		
English + Multi Activities		Junior & Senior Pupils						
English + Multi Sports			Junior & Senior Pupils					
Future Founders			Senior Pupils 14 to 17 years					
English + Outdoor Adventure			Junior & Senior Pupils					
Elite Sports							Junior & Senior Pupils 11 to 15 years	



WHY CHOOSE SEDBERGH?

Multi-cultural
learning
experience
over 6 weeks at a
500 year old
boarding school

NEW FOR 2026

Two opportunities to
visit London for
3 nights

Elite Sports Courses



Fully operated by
Sedbergh School
with exclusive use of
the campus

Study Travel
European School of
the Year 2025



Minimum of 15 hours
of formal English
tuition with
specialist, qualified
teachers



Extensive activities
and excursion
programme giving
pupils the chance to
try something new



CHOOSING A COURSE

Run by our dedicated team of specialist staff, pupils can tailor their Summer School experience to reflect their own specific interests. Each course runs for a period of one week with pupils selecting their chosen option during the registration process. Pupils are encouraged to participate in a different activity programme each week in order to provide a more rounded experience:

The London Experience + Multi Activities

London

27th June-30th June

Sedbergh

30th June - 4th July

Price: £2370.00

Transfers from London Heathrow only

English + Multi Activities

Sedbergh

30th June - 25th July

Price: £1500/week

Only £75 transfer fee from Manchester & Liverpool Airport

English + Multi Sports

Sedbergh

4th July - 25th July

Price: £1500/week

Only £75 transfer fee from Manchester & Liverpool Airport

Future Founders

4th July - 18th July

Price: £3500
(2 weeks)

Only £75 transfer fee from Manchester & Liverpool Airport

English + Outdoor Adventure

4th July - 25th July

Price: £1700/week

Only £75 transfer fee from Manchester & Liverpool Airport

Elite Sports Courses

25th July - 08 August

Price: £1145/week

Football, Hockey, Netball & Rugby

Only £75 transfer fee from Manchester & Liverpool Airport

London + The Lakes

Available in Weeks 1 and 4

An exciting 3-day adventure through the heart of London!

Discover iconic landmarks, explore rich history, and immerse yourself in the vibrant culture of this incredible city. Our trips will include the Warner Bros. Studio Tour – The Making of Harry Potter where you'll step into the wizarding world to relive the magic of these beloved films. You'll also take in attractions such as the London Eye and the Tower of London.



English + Multi Activities

Available in Weeks 1, 2, 3, 4

Making the most of our idyllic surroundings and outstanding facilities, our multi activities programme provides pupils with the perfect opportunity to experience a range of our most popular activities.

With everything from Cookery and Cricket to Fencing and Tag Archery, pupils make the most of both school and local facilities, sampling a range of different activities led by our team of enthusiastic activity staff.



English + Multi Sports

Available in Weeks 2, 3, 4

With an emphasis on all things 'sport', pupils make the most of our on site facilities as well as spending time at the driving range and indoor climbing wall.

Open to all ages and abilities, and with everything from football and fencing to tag archery and tennis, our sessions cover a wide range of sports and activities, promoting physical fitness, teamwork, and fun in a supportive environment. Instruction will be tailored to different skill levels, ensuring everyone can enjoy and benefit from the experience.



Elite Sports Courses

Available in Weeks 5 and 6

New for 2026, pupils aged 11 to 15 will have the opportunity to take part in our Elite Sports Courses run by former Olympians and international sportsmen and women.

Over a period of 4 days, children will be mixed with British pupils from schools around the UK for their chosen sport and within the boarding houses.

Available in weeks 5 and 6, children can choose from football, hockey, athletics, rugby and netball. During the course, they will also enjoy 2 excursions per week.



English + Outdoor Adventure

At Sedbergh, the fells, hills, lakes, and rivers provide the backdrop for adventure and discovery.

Our exciting outdoor adventure programme challenges both body and mind, taking full advantage of the stunning natural landscape that surrounds us with pupils engaging in a variety of thrilling activities including abseiling, caving, climbing, kayaking and ghyll scrambling.

Whether you're navigating rugged hills, paddling across serene lakes or abseiling down a waterfall, this course provides an unforgettable experience, connecting you to nature as you grow in confidence developing resilience, teamwork, and leadership skills supported by our team of experts.

*Please be aware that pupil safety is paramount. We reserve the right to make changes to our programme due to any unforeseen circumstances such as inclement weather. Alternative activities will be arranged.



Future Founders (NEW FOR 2026)

Dream it. Build it. Launch it.

Designed for students aged 14–17, Future Founders invites young entrepreneurs to design and promote their own business idea, from initial concept to full launch. This innovative programme introduces the exciting world of business, creativity, and entrepreneurship. Working in teams, students explore marketing, budgeting, branding, and digital communication, learning how imagination, strategy, and collaboration can turn bold ideas into real success stories.

Morning sessions focus on developing ideas and practical skills. Building on the foundations of the LIRA programme, Future Founders includes workshops and activities such as:

- Exploring how AI and technology are transforming business.
- Learning coding and innovation techniques to bring ideas to life.
- Developing leadership and teamwork through real-world business challenges.
- Understanding social media, branding, and mental health in modern enterprise. Investigating global business and interviewing local entrepreneurs.
- Attending guest workshops from local professionals and business owners.

Students join the wider summer school community for afternoon and evening activities, including sports, excursions, and social events, allowing them to connect with peers from around the world while practising their English in authentic, informal settings. Selected afternoons feature additional business workshops and project work.

Excursions bring learning beyond the classroom, including a negotiation challenge that will boost quick-thinking creativity. The course culminates in an exciting Dragon's Den-style finale, where students pitch their ideas to a panel of judges.

Future Founders inspires creativity, confidence, and collaboration, giving students the mindset and skills to become the leaders and innovators of tomorrow.





EXCURSIONS & TRIPS

With 3 excursions each week, pupils experience British culture first hand as they visit well known British cities across the North of England. Manchester, York, Edinburgh and Liverpool feature in our programme alongside world renowned landmarks and visitor attractions such as the Lake District National Park, Chester Zoo, Grizedale Forest and Manchester City Football Club.

Pupils will enjoy a wide variety of exciting experiences in one of the most remarkable areas of the British Isles. Our unique location provides an opportunity to explore both historical and modern landmarks throughout Northern England.

Each week, students embark on one full-day city excursion and two half-day trips, immersing themselves in British culture through visits to iconic cities, world-class heritage sites, and popular attractions. Traveling by coach with a packed lunch, pupils are encouraged to engage fully in each excursion, with additional resources such as leaflets, treasure hunts, information packs, and maps provided to enhance their experience.

Excursions typically depart at 9 am (earlier when travelling further from the school) and return by dinner. After a full-day trip, students can unwind in the evening with a relaxed movie night and snacks.





ENGLISH LESSONS

A Summer School Built Around You

With a minimum of 15 hours of formal English lessons each week, pupils are placed onto the Junior (Ages 8-11) or Senior Course (Ages 12-16). All Sedbergh teaching staff are experienced, enthusiastic native level speakers and our 1:15 teacher-pupil ratio ensures pupils benefit from their teacher's dedicated time and attention.

Pupils complete a short placement test in advance of arrival, the results of which enable teachers to allocate them to the most appropriate class for their ability. Lessons feature a diverse mix of nationalities with classes based on pre-course assessments of grammar, vocabulary, and speaking ability.

Formal lessons are timetabled on Monday, Tuesday, Wednesday and Friday mornings. Thursdays, Saturdays and Sundays are excursion days.

Our syllabus, grounded in the latest research in young learner language education, adopts a dynamic, communicative approach to encourage pupils to engage with one another and Sedbergh staff in English as much as possible. Our curriculum aligns with CEFR guidelines, focusing on the four core skills: reading, listening, speaking, and writing. CEFR descriptors are used to help pupils develop the skills and knowledge required for effective communication in English and weekly collaborative projects help students develop valuable life skills, such as research, presentation, negotiation, and debating skills.

Lesson materials are provided and include customised materials tailored to the needs of each student. A detailed report is provided outlining the pupils' progress and English level at the end of the course.

Community Engagement

Pupils will have the opportunity to engage with our local and wider communities, visiting our neighbouring towns and engaging in specific activities that have been developed to encourage our pupils to practice their newly acquired language skills.

SAMPLE TIMETABLES

JUNIOR TIMETABLE

	7.30-9am	9am - 12.45pm	12.45pm - 2pm	2pm - 5pm	5pm - 6pm	6pm - 7pm	7pm - 8.30pm	8.30pm - 9pm	9pm - 9.30pm
Sunday	Wake Up, Breakfast & Morning Registration	EXCURSION				Supper & Evening Registration	Evening Activities	Hot Chocolate & Reflection Time	Bed Time & Lights Out
Monday		English Lessons & 2 short breaks	Lunch & Afternoon Registration	Activities	Free Time				
Tuesday		EXCURSION							
Wednesday		English Lessons	Lunch & Registration	Activities	Free Time				
Thursday		EXCURSION							
Friday		English Lessons	Lunch & Registration	Activities	Free Time				
Saturday		EXCURSION	Lunch & Registration	Activities	Free Time				

SENIOR TIMETABLE

	7.30-9am	9am - 12.45pm	12.45pm - 2pm	2pm - 5pm	5pm - 6pm	6pm - 7pm	7pm - 9pm	9pm - 10pm	10 - 11pm
Sunday	Wake Up, Morning Registration, Breakfast	EXCURSION				Supper & Evening Registration	Evening Activities	Hot Chocolate & Reflection Time	Bed Time & Lights Out
Monday		English Lessons & 1 short break	Lunch & Afternoon Registration	Activities	Free Time				
Tuesday		EXCURSION							
Wednesday		English Lessons	Lunch & Registration	Activities	Free Time				
Thursday		EXCURSION							
Friday		English Lessons	Lunch & Registration	Activities	Free Time				
Saturday		EXCURSION	Lunch & Registration	Activities	Free Time				



EVENING ACTIVITIES

Our extensive evening activity programme promotes fun and friendship across all ages and nationalities with pupils taking part in a wide variety of activities.

The International Summer School offers a range of evening activities to ensure pupils from all of our English Plus courses come together to enjoy a lively and social experience. Activities include discos, fashion shows, karaoke nights, talent shows, treasure hunts, music quizzes, mini-Olympics, water fights, movie nights, and more.

On Wednesday evenings, we offer a BBQ with giant inflatables. In weeks 4, 5 and 6, this will also be attended by British pupils from around the UK, giving children a great opportunity to meet other children.





“

Our daughter still talks about Sedbergh, her experiences and friends and teachers every day and has come home really inspired and above all, happy! The children benefit incredibly from this time and enriching experience – your great commitment to the children makes that great experience possible!

”

A HOME AWAY FROM HOME

No matter how far you have travelled, you will soon feel at home in our relaxed, comfortable boarding houses. Each house is well equipped with its own common room, satellite TV, games, WiFi and a range of single, twin and multi-bedrooms. A full laundry service is provided twice weekly.

Everyone at Sedbergh is committed to establishing a safe and homely environment. Our pupil's wellbeing is paramount and we want you to return home with lots of wonderful memories. Boarding Houses on both campuses are welcoming and comfortable and feel like a real 'home from home'. Our live-in house parents achieve this by creating a fun, friendly community where every child feels safe, secure and valued. Medical needs are dealt with by our Welfare Officers who are on hand 24 hours a day with support from our dedicated school nursing staff and local medical centre.

Challenge Your Taste Buds

We are proud of our excellent catering staff, superb on-site dining facilities and the varied, international-style menu provided by our own team of in-house chefs. All tastes and dietary requirements are catered for with meals cooked in house by our in-house catering teams and served within the house dining room.

A range of hot and cold dishes, including vegetarian options and a salad bar, are available at breakfast, lunch and dinner.





ESCORTED ARRIVALS & TRANSFERS

By Air

Pupils will be met on arrival at the airport by a member of staff. Once within our care, pupils will be provided with refreshments before being transferred from the airport to Sedbergh via our fleet of minibuses or via transport arranged by our in-house transport department.

Escorted return transfers are provided at a cost of £75.00, when arriving on the designated arrival and departure dates from Manchester and Liverpool airports. Transfers outside these times and from other airports can be arranged at an additional cost.

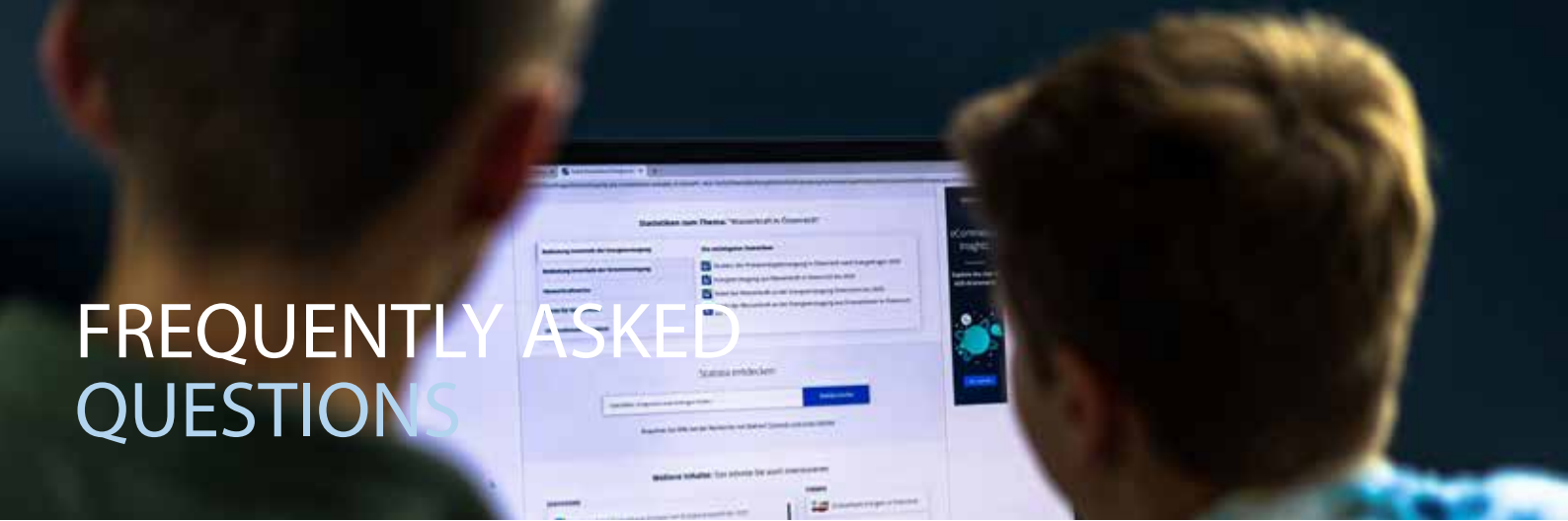
By Rail

Oxenholme Lake District station can be by direct train from the following cities:

London: 2 hours 40 mins

Manchester: 1 Hour 20 mins.





FREQUENTLY ASKED QUESTIONS

What is included in the cost?

The weekly cost of the course covers all accommodation, meals, English lessons, all sports and activities, excursions, internet access, laundry service and a certificate and report.

Does my child require a VISA?

Please follow the link to the GOV.UK website to find out if your child will need a visa to attend Sedbergh International Summer School. In the event that a Visa is required, we will be able to provide you with a letter confirming your child's visit to the UK in order to study at Sedbergh International Summer School.

How does my child get from and to the airport?

The school provides airport transfers every Saturday from Manchester International Airport, the return cost for which is included in the £75.00 transfer fee provided that pupils arrive between the hours of 8am and 6pm. Transfers from other airports may be available upon request for an increased fee.

Where does my child live and who will look after my child?

Sedbergh School is renowned for its pastoral care, this is replicated during the ISS. Boys and girls live separately in one of our beautiful boarding houses. Staff provide a happy, supportive environment for your child during their stay and pupils are looked-after by an experienced team of staff including a Houseparent, Assistant House Parent, support staff and the welfare team.

What does my child need to bring with them?

Clothing should be casual, practical, machine washable and labelled with their name.

The average temperature during July is between 16 – 23 degrees. Your child should come prepared for both warm and cool weather. Bedlinen and bath towels are provided but your child should bring a swimming towel with them. A detailed kit list is provided in the Student Handbook.

How can I send Pocket Money?

The best and safest way to provide pocket money is with a prepaid cash card (most commonly Visa or Mastercard). Alternatively, pupils may use their phone with a credit/debit card uploaded onto it.

My child has specific dietary/medical requirements. Can Sedbergh ISS cater for this?

Absolutely! Parents must ensure that we are informed of any needs prior to arrival. These can be recorded on the dietary/medical form provided upon receipt of your booking.

Further frequently asked questions can be found on the school website.

Pricing & Booking

Programme		Weeks Available	Fee
London Experience & English + The Lakes	Juniors & Seniors	1 & 4	£2370/week
English + Multi Activities	Juniors & Seniors	1, 2, 3, 4	£1500/week
English + Multi Sports	Juniors & Seniors	2, 3, 4	£1500/week
English + Outdoor Adventure	Juniors & Seniors	2, 3, 4	£1700/week
Future Founders	Seniors Only (14 - 17)	2 & 3	£1750/week (two week fixed programme)
Elite Sports Courses	Juniors & Seniors (11 - 15)	5 & 6	£1145/week

Extras

Return transfers from Manchester & Liverpool Airports - £75

For transfers from other UK airports, please contact the team.

How do I register my child?

All bookings should be made via the online portal available on our website. Select the gold, 'BOOK NOW' button to complete your booking. We ask for a deposit of £600 to secure your registration. This is non-refundable for pupils enrolled on the London + The Lakes programme. Invoices are automatically generated within the portal.



Sedbergh School

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